

# ENABLING PEOPLE TO SPEND THEIR FINAL DAYS WITH DIGNITY AT HOME WITH THEIR LOVED ONES



For 25 years, Cesta domů has been helping people to die with dignity at home and supporting their relatives in caring for them. Cesta domů aims to change attitudes towards dying, improve awareness and make mobile hospice care accessible to all.

100,000 people die in the Czech Republic every year. 60% are expected to die. | 85% of people want to spend their final days at home, but only 20% manage to do so. | Patients have no information about what to do after leaving hospital. | Only 30% of people know what palliative care is.

## SERVICES

### HOSPITAL AT HOME

- » Mobile hospice
- » Outpatient palliative care

### RELIEF AND SUPPORT

- » Home-based relief services for carers
- » Respite care for the long-term sick
- » Equipment hire
- » Volunteers

### CARE AND SUPPORT

- » Counselling centre for carers and bereaved
- » Bereavement support groups

+ cooperation  
with ambulance  
and hospitals

## AWARENESS AND EDUCATION

### TRAINING

- » Courses for health and social care professionals
- » Internships for doctors and nurses
- » E-learning for teachers
- » Programmes for schools

### PUBLISHING HOUSE

- » Books for children and adults
- » Professional publications
- » Charity shops

### COMMUNICATING THE ISSUE

- » Podcasts, interviews
- » Public awareness events

### INFORMATION RESOURCES

- » [www.umirani.cz](http://www.umirani.cz)
- » [www.cestadomu.cz](http://www.cestadomu.cz)
- » [www.mojesmrt.cz](http://www.mojesmrt.cz)
- » [www.evzpominky.cz](http://www.evzpominky.cz)

+ palliative  
wikipedia at  
umirani.cz

### CESTA DOMŮ IN 2024:

**820**  
patients

**11,000**  
hours of respite  
care

**7,000**  
counselling  
sessions for the  
bereaved

**1,600**  
borrowed aids

**100**  
educative  
events

**26,000**  
followers on social  
networks

**2,000**  
visits to  
umirani.cz daily

## BECOME A PARTNER

We believe that everyone has the right to live their final days as they wish. We can accompany the last moments of life and our donors make this possible.

**Eva Van Wagenen**

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*"I am really happy that we can support Cesta domů. With a slight exaggeration, I would say that we are investing in our future. Since death awaits each of us, let it be as dignified and good as possible"*

— DONOR