

CESTA DOMŮ IN 2024



Foreword

The journey through 2024 was, I would say, unusually adventurous for Cesta domů. Major personnel changes have brought us many new challenges, but also opportunities and discoveries. We proved that when we have a common goal and mutual trust, our patients can continue to receive the best we can do. In 2024, we have learned many new skills, discovered new sources of support and strengthened valuable relationships across our teams.

We have had the opportunity to experience moments of emotion, anxiety and uncertainty, as well as feelings of hope, enthusiasm and great gratitude. That we continue to find our work fulfilling, that we touch the essence of human life in the families of our patients, and that we have the support we need

from our colleagues in all teams and on the Board. We simply have each other. Just because we have each other. Last but not least, we have our wonderful donors, whose trust we deeply appreciate.

The year 2024 has come to a close and we look forward with great anticipation to what the next year will bring. With new leadership and renewed enthusiasm. Thank you to everyone who has been with us on our sometimes steep and winding, but always rewarding, journey.

Katarína Vlčková, Chief Medical Officer



The 2024 report is accompanied by quotes from Zuzana C., a long-time Czech resident of the United States, who learned of her mother's serious diagnosis during a visit to the Czech Republic in the autumn of 2023 and used almost all of Cesta domů services in the months that followed. A year after her mother's death, Zuzana recalls the time of her mother's care, her experience of the whole situation and describes the death itself, which came at an unexpected moment, in the presence of our volunteer. You can read the full text on our website [Umírání.cz](https://umirani.cz).

The author of this year's illustrations is Dan Verner, who has developed a characteristic motif for us – the motif of journeys.

The Mission of Cesta domů

- * Cesta domů is a non-profit organisation that publicly promotes the acceptance that dying is a natural part of life.
- * Cesta domů provides multi-professional services to the terminally ill and dying children and adults in their natural environment and offers support to their families.
- * Cesta domů works for social change to enable people to live to the end of their lives where they choose, with the support of specialist palliative care if they need it.
- * Cesta domů is independent of the state, political parties, churches and private organisations.





For those who find themselves in an unfavourable situation

My mother was healthy all her life, she just had a small operation, she had gallbladder problems. And it turned out it wasn't the gall bladder – she was diagnosed with pancreatic cancer. That was in September, my mum was still feeling well and decided not to have chemotherapy so she could have the best rest of her life and enjoy it to the full. My intention was to stay with her and allow her to be at home as long as possible, preferably until the end. On the advice of a friend, I contacted Cesta domů and was very pleased with the information they gave me – It looked like what my mother and I had wanted was possible. Apart from fatigue, my mum has not felt bad so far, she has been monitored in the oncology department and we have not needed anything from Cesta domů so far. It was important for me to know that we had a plan for the future and who we could turn to if we needed to. It gave me strength and confidence that my mum and I would get through this.



For many people, the first point of contact with Cesta domů is the helpline. They can discuss options for caring for themselves or a loved one at the end of life with their staff by phone, in person or by email. Counsellors guide people through care planning and provide contacts for available services across the country. They are trained social workers or psychologists with training in crisis intervention, and also work with clients' emotions, looking for ways to help them cope psychologically with the difficult situation. They provide support for patients coping with a serious diagnosis and offer advice on communication within the patient's family. Last year, 4,127 of these consultations took place and staff spent 1,192 hours on them. Part of the counselling was conducted in English.

In the counselling room, the vast majority of calls are one-offs; we enter the story very intensely, like when a train passes you and you see part of the story in the window, but most of the time we don't know how the story ended, we don't have continuity. (Petra Černá, Head of the Counselling Centre)

The counselling team processes and updates the information on the [Umírání.cz](https://umirani.cz) portal and adds new topics; in 2024, it significantly expanded the section dedicated to the rights of terminally ill patients and their relatives and to end-of-life care decisions. In 2024, a regularly updated directory of services in the Czech Republic and Prague was linked to the Záchranka mobile app, where these contacts are available to the public under the *Palliative Compass* icon. Paramedics can now find them in the MedText app.

The Umírání.cz website is a palliative care first aid tool, for example when it is difficult to communicate about the illness within the family. (Petra Černá, Head of the Counselling Centre)

The Umírání.cz portal also allows people to ask questions in the online counselling room. Questions are handled by the counselling staff together with colleagues from Cesta domů and external experts. In 2024, 682 questions were answered.

- The Counselling Centre is managed by Petra Černá.

For long-term carers

Caring for a sick person 24 hours a day is very exhausting. I really wanted my mum to be at home, and I wanted to do everything I could to make that happen. But it was also important for me to know that if I needed a break, there were services available and that I could put my mum in residential respite care for a week, preferably at Cesta domů, if a place became available. I was very grateful for the opportunity to take care of myself, to rest and regain the necessary energy to continue caring for her at home.

We support people to maintain their natural attachments and help them to live in the environment they are used to. In the demanding care of a bedridden person with a long-term illness, Cesta domů respite services at home can help, allowing carers to have time for themselves and to arrange everything they need. In 2024, outreach workers visited 30 permanent long-term clients, some of whom they have been visiting for several years, to help them with self-care or to maintain their skills and interests through activation activities. The outreach workers have part of their capacity reserved for home hospice and palliative care patients. In total, fieldwork assistants provided 5,795 hours of care to long-term clients and home hospice patients.

In the residential service, which we provide in four single rooms, we cared for 49 clients during the year, who spent a total of 128 stays there, and assistants gave them 5,070 hours of direct care. The average length of stay was 10 days. Fourteen clients used both outreach and residential respite services. Compared to previous years, there was an increase in the number of middle-aged clients (35-65 years old) using respite services, and assistants also cared for two child clients. In the afternoons, evenings and weekends in particular, the Cesta domů volunteers were also involved in care, spending a total of 791 hours with clients.

I like the fact that our team is stable in terms of full-time staff, but thanks to the additional part-time and contract staff who also attend meetings and supervision sessions, new visions and ideas are constantly being brought to the team. Martina Tesarovà, Head of Respite Services

Our course, combined with our *How to Care for Your Loved One* training, can also provide help and advice. Regular one-off meetings led by respite care assistants offer the opportunity to share professional experience with other carers. 55 people received the training course in 2024. Home care is also supported by a series of videos freely available on the Cesta domů website, and advice and contacts can also be found on the [Umírání.cz](https://umirani.cz) portal. Books and brochures published by Cesty domů can be useful. Carers from all over the country can also contact the Counselling Centre and, if there is

sufficient capacity, the Cesta domů Compensatory Aids Rental Service – which handled about 10 per cent of its business in 2024 - also handles requests from the public.

I loved the course, the ladies were amazing. You are a team of people in the right place and a great support for the sick and carers. (Course participant about the How to care for your loved ones course)

- **Martina Tesařová is the Manager of the Respite Services team. Home services are coordinated by Petra Rendlová and residential services by Romana Giovagnoniová.**

For the dying and their loved ones

In December my mother's condition began to deteriorate and, following a joint agreement, we activated the care order and a doctor came to see us. The end of a loved one's life was a new experience for me and it was a relief to know what to do and what to expect. Whenever I had any questions, I could call Cesta domů during the day and the nurse would advise me. It made me feel that I wasn't alone in my mother's dying.



In 2024, Cesta domů cared for 517 patients on an outpatient basis – after a doctor's visit, usually at the patient's home, carers could telephone the nurse on duty at the outpatient clinic to discuss any changes in the patient's condition. There were 712 outpatient medical consultations. The Outpatient Palliative and Supportive Care has proved to be the place to receive and assess requests for Cesta domů health services - 1,123 of these were received during the year. Outpatients and their families also had access to the equipment rental and the counselling centre to help with non-medical issues such as managing carer's allowance, finding a care service or considering inpatient hospice services. Some of the patients were transferred to home hospice care when their condition deteriorated, with 193 patients in 2024. More than a quarter of patients were able to die at home without using hospice services, thanks to the support of their doctor during an outpatient visit and telephone consultations.

In January, my mum was admitted to a home hospice. It was a great support for me to be able to call Cesta domů for advice when I didn't know what to do. We sorted a lot of things out on the phone and when we needed to, they came to see my mum.

Cesta domů's multi-professional home hospice service cared for 495 dying people during the year, including six children. We had adult patients in hospice care for an average of 13 days, most often only two days - 130 patients were in our care for 3 days or less. We cared for paediatric patients for an average of 56 days. The end of the year marked ten years since Cesta domů began providing systematic care for paediatric patients in 2018, not only in Prague but throughout the Central Bohemia region. In ten years, we have supported nearly 80 families caring for a child with a life-threatening or life-limiting illness. In 2024, the medical team included four external paediatricians, which enabled us to provide palliative care to paediatric patients with a wide range of diagnoses.

Some patients are referred to home hospice care by paramedics: Cesta domů has a long-standing cooperation with the Prague Emergency Medical Service under the *Palliative Care in Emergency Medicine* project. When an ambulance crew arrives at a patient referred for palliative care, they can contact Cesta domů. In 2024, there were 10 patients who would no longer benefit from acute hospital care and could die comfortably at home thanks to urgent admission to home hospice care.

If the ambulance crew identifies a palliative patient according to the Rapid-PCST protocol and we have free capacity for admission, we will provide follow-up care. The paramedics on site will secure the patient pharmacologically, support the family and we will arrive within two hours to start the home hospice service. This creates more demands on rescuers and our medical team, we need to be able to respond flexibly. (Pavel Klimes, head of the nursing team)

The medical team at Cesta domů was able to care for a maximum of 25 patients at the hospice at any one time. This number may have been reduced due to the care of paediatric patients with longer journeys or due to staff shortages. In the middle of the year, the facilities for the medical staff were improved, the medicine store was rebuilt and the storage and work areas for the preparation of medical supplies were enlarged.

I was pleasantly surprised by all the professional services that Cesta domů offers to people in hospice care. I really needed someone to talk to about my situation. I had discussed the situation a lot with my partner and friends, but I also knew how devastating it could be for everyone. The

help offered by the expert was very important to me; it was great to have someone I could confide in about my fears and feelings, who knew what to prepare for and who gave me the confidence to deal with the situation. I am very grateful for this opportunity.

The psychosocial support workers on the Cesta domů team travel to the homes of outpatients and hospice patients to help with social issues and offer supportive conversation to those who are ill and caring for them. The team also includes a chaplain who, in addition to visiting patients' families, also visits clients of the residential respite service. The support team made 590 visits to patients during the year and had 486 supportive and social conversations by telephone or electronically. In total they spent 1,298 consultation hours with clients.

Hospice staff also went to the homes of hospice patients in 2024 to bring equipment. The most common items they brought were adjustable beds, anti-decubitus mattresses and oxygen concentrators. They made a total of 605 trips throughout Prague.



117 home hospice patients were registered with the services at home during the year, and the assistants also visited hospice patients at weekends.

For clients in hospice care, we mainly help with hygiene. We come for short visits, usually an hour. We also try to educate and support the carers, who are often new to the situation and need to get up to speed quickly. For some hospice patients we make only one or two visits, for others we stay for days or weeks and are present for the changing health and moods of the whole family. This puts a great demand on the transfer of information between assistants. We are very happy to be

able to work with other members of the multidisciplinary team - it adds complexity to the care of the frail dying and gives us someone to lean on and consult with in the field. (Petra Rendlová, Coordinator of the Field Respite Services)

We started to talk about me and I realised that I was doing nothing for my health, working from my home office at night and looking after my mother, cooking and running the household during the day. I couldn't find a moment to sit in the sun and relax. It was literally a carousel you couldn't get off. And then Cesta domů offered me the use of their volunteers. They can come for a couple of hours and I'll have time to go for a walk, run errands, take care of important things. If Mum needs anything, she won't be home alone. So I soon arranged for my first volunteer. It was very nice, I was able to go out for two hours to the fresh air, take a walk, clear my head and let my emotions out.

The volunteers, who have undergone several months of training combined with practice and are therefore able to visit patients at home and replace carers for a period of time, spent 347 hours with 40 patients during the year. Most patients were visited only once, with the highest number of visits per patient being 7. About half of the agreed visits were cancelled due to the death of the patient.

The second time, Adriana came. It was in January and it was freezing, Adriana came wrapped in a scarf. She was very nice, sympathetic, I introduced her to my mother and I went shopping. Adriana had been to San Francisco once and my mother knew Frisco, they talked about these places, it was nice. I went to pick up our lunch and buy something, when I came back, I ate with my mum and we agreed with Adriana that I would lie down in the next room for a while and listen to classical music on my headphones - I couldn't afford it otherwise, I still had to hear my mum. A little while later Adriana came and tapped me on the shoulder and said: "Susan, mother is not feeling well." I immediately got up and ran to my mother, who said: "Susie, I'm so sick, I think I'm going to die." I replied: "Don't worry, mum we'll see how you are. But if it's your time, it's okay too, we're together, that's the most important thing". But I was very startled. Mum was restless, she wanted to sit in the kitchen for a while, she wanted to sit in the living room for a while, she was hot and she was having trouble breathing. On Adriana's advice, I called the paramedic from Cesta domů, and he promised to come. It took him about 40 minutes to get to us and in the meantime my mother was dying - I didn't know it at the time. She was getting worse. I asked Adriana with my eyes if she was dying, and she confirmed it. She reassured me, put her arm around my shoulders and said: "It's going to be okay." Then Mum decided she wanted to go into the bedroom and I took her in the wheelchair. Then, sitting in the bedroom, she said to us: "My girls, you are so good to be here with me." She always made a bit of fun of everything, she would ask: "Can you hear it rattling inside me? It's over." I've read a lot about dying, I've talked about it with people from Cesta domů, but when you're experiencing, it's still an unfamiliar situation. Adriana's presence gave me the certainty that this was dying and that it was happening right now. I said: "Mummy, I love you so much, we will always be together". And my mother kept repeating: "She put her finger to her mouth as if she heard voices in the distance, as if someone was calling her. She didn't want me to sing to her, she wanted silence... Finally, she decided to sit in her favourite chair. We spent the last half hour of my mother's life wandering from room to room looking for the right place where she would be comfortable. So I pulled in a big armchair, she sat in it, it was the last moments of her life. I

knelt down beside her, put my arm around her shoulders and she put her head on my chest. I stroked her and told her how much I loved her. My mother died in my arms, surrounded by love and tenderness, listening to my heartbeat. She gave me the most beautiful gift of being together in that precious moment. Adriana was with us all the time, embracing us. She continued to be a great support and helped me prepare my mother for her final journey.



From the volunteer's entry: *The service seemed completely seamless, in a fragrant, cosy, warm home. Mrs L. was still walking alone, only with the help of an accompanying hand, she seemed well, conscious, calm. Her daughter Zuzana is a very pleasant, kind and helpful lady. After chatting for a while, Zuzana went to get lunch first and then to do some errands and go for a walk. Mrs L. was napping and we occasionally exchanged a few sentences. A visitor came to see her, a very nice nurse who had looked after her before, and the three of us had a chat. Zuzana came back at half past one and said she would serve lunch to her mother and then rest for half an hour with Chopin in her ears before I left. At 1.40 pm her mother suddenly felt sick, she wanted to see her daughter, so I had to pull her out of her rest. It was clear that mum was sick. We gave her a painkiller. At 1.55 pm, Zuzana called Cesta domů to ask someone to come and see her mother because she was really sick. Mrs L. became pale and restless, then she felt hot, she probably had a fever, her restlessness increased from minute to minute, she kept demanding something. Her daughter and I were there listening to her and tried to calm her down. We were both calm and matter-of-fact. We were in complete agreement and proceeded hand in hand, without words. The situation was getting worse and we knew that she was dying. Mrs L. was also aware of this. At 2.45pm, at the exact moment the nurse rang the doorbell, the lady stopped breathing and we held her in our arms.*

- Our medical team consists of regular and emergency doctors and nurses. Nurses are led by Pavel Klimeš and the doctors by Katarína Vlčková. Jan Tošovský is responsible for the

equipment rental and Pavel Duba is the head of support services.

For the grieving

Cesta domů helped me a lot even after my mother's death. At first I had weekly consultations, Jindřiška Prokopová guided me through what I was going through, and thanks to her I realised a lot. She was a pivotal point in my whole mourning process, without her it would have been much worse. After that, we talked on the phone from time to time for about six months, and our conversations put me on the right track. So instead of being sad about my mother's death, I learned to take it as a gift that I was able to experience it, and it enriched me a lot for the future. My mum is an everyday part of my life; I think that if you remember a person with love, they stay with you forever.



The bereaved caring for a dying person with the help of Cesta domů Home Hospice received 931 consultations from the support team during the year. Psychosocial workers have also responded to the speed and short duration of hospice care, and the proportion of consultations after a patient's death is increasing. Some of the bereaved relatives of outpatients were offered support by the counsellors. For them too, bereavement support is an increasingly important part of the agenda. Bereavement support is available to anyone in the country who needs it, either through regular telephone calls or visits, or in the form of more continuous support, where one worker sees the client by appointment and their contact can last for up to a year. In 2024, the Counselling Centre supported 128 bereaved, including

people whose loved one was dying (and who were experiencing anticipatory grief), or parents whose baby had died during pregnancy, childbirth or shortly afterwards. Since 2019, when the Counselling Centre started to systematically support bereaved people, the number of consultations has increased sixfold.

Clients contacted the Centre at different stages of grief, most often very soon after the loss of their loved one. These included sudden, unexpected, violent deaths or the death of a child, where staff provided crisis intervention and stabilised the client, usually immediately or very soon after learning of the death. If the situation required it, counsellors visited the client at home or elsewhere outside Cesta domů.

We also advise the bereaved on legislation and administration, familiarise them with what such a bereavement can look like, what the timeframe can be, reassure them that what they are experiencing is normal - they often come with misconceptions about the process and intensity of the bereavement and with concerns about whether what they are experiencing is normal. Grief is very individual, we are all unique and we grieve in a unique way. (Petra Černá, Head of the Counselling Centre)

For the first time in 2024, counsellors also offered a support group for parents who had experienced a perinatal loss, i.e. the loss of a baby during pregnancy, at birth or shortly after. Other Cesta domů support groups were run on a regular basis by our support team. In 2024, there were eleven bereavement evening meetings, five meetings for older children and teenagers who had experienced the loss of a loved one (a parallel meeting for their parents was held during the first and last term) and, in collaboration between the support team and the Counselling Centre, two group meetings for parents whose child had died were held. In November, the annual memorial service was held, where the bereaved can meet staff from all Cesta domů services. At the beginning of the year, we also offered groups for those who had to cope with the tragic events at the Faculty of Arts of Charles University at the end of 2023. Around 180 people attended all the sessions, including 40% of those who had no previous experience of Cesta domů services. Some of the meetings were also attended by external experts.

AWARENESS AND EDUCATION



For professionals

I was absolutely amazed at how well you communicate in your organisation, how sophisticated your system is. What I take away is the drive for better organisation and communication in our multidisciplinary team. (trainee)

It was useful to see the background of Cesta domů and how the whole organisation works. I was also pleasantly surprised by the care given to volunteers and bereaved families. Your library is admirable and I like your publishing activities. (trainee)

During the year, 68 trainees, including 27 paramedics from the Prague Emergency Medical Service as part of the Palliative Care in Emergency Medicine project, gained experience of Cesta domů in the most direct way. Experts from various specialities spent a total of 140 days with us. Practical examples were

also part of the courses to which we invited doctors, nurses, social workers, psychologists, carers, but also lawyers and members of management. A small number of training sessions were held online, for example a series of 10 webinars for doctors. New to the programme were a workshop on relaxation techniques specifically designed for carers, a course on first psychological assistance and a seminar on advance healthcare directive and other legal tools useful at the end of life. In total, almost 1,500 professionals attended the courses, most of them accredited. The most popular courses were the seminar on giving bad news, prepared by Cesta domů support team, and the course on psychological first aid. There was a great demand for turnkey courses, especially practical ones for social workers, but also for a seminar on communicating with children about difficult topics, which was ordered by a hospice for its staff or a university for its students. In total, we worked with teams from 11 organisations working in social services or schools.



Doctors and nurses from Cesta domů, the Support Team, Counselling Centre and Services at Home and Respite Services were involved in delivering the courses. They gave nearly 220 hours of presentations to participants in seminars and webinars. A further 71 hours were spent at educational and professional outside of Cesta domů, such as a workshop prepared for the Institute for Mother and Child,

presentations at the 15th National Conference on Palliative Medicine in Olomouc, or at the conference of the St Stephen's Hospice in Litoměřice on bereavement care for children, or a panel discussion at the Family Policy Forum conference.

- Zuzana Hrnčířová and Vendula Bednářová are the coordinators of the internships and education at Cesta domů.

For schools



The two-year project of Cesta domů *Should death be discussed at school - the end of life in Czech schools* culminated in a discussion in front of a packed audience at the Bio Oko cinema in Prague in March. The project was implemented thanks to the support of the OSF Foundation under the Active Citizenship Fund programme. The theme of the discussion, and of the project as a whole, was communication about the end of life, death and bereavement in the school environment and support for teachers in guiding children and young people safely through these issues. Three experts and a teacher facilitator shared their experiences of dealing with situations where a member of the school team dies, someone becomes seriously ill or loses a loved one. They explained where to get help, what rules to follow and how to prepare for such situations by incorporating the topic of death into regular lessons and creating an atmosphere in which pupils can share their fears and concerns. All visitors received a

new publication from the Cesta domů publishing house: *Should death be discussed at school...?!*, a journalistic booklet with interviews, texts by experts and contacts. A recording of the discussion is available on Cesta domů website and has been made into a podcast called *Teachers' Talks*.

We have also added a free e-learning video course called *Life has a beginning and an end*. Those interested can find out what children of different ages think about the end of life, how they experience dying and bereavement and whether we can effectively help them with their grief, or what a crisis plan might look like in the event of a death at school. These issues are also the focus of the experiential seminars for teachers that we run throughout the year at our training centre and at educational conferences or in schools. Nearly 100 teachers, educators, students, school psychologists or leisure educators have taken the course. The course was also made available online and 37 people participated in the interactive webinar. The version for school principals was attended by 37 school managers.

We knew from research (STEM/MARK, 2021) that teachers want to talk about death in schools, but they do not know how to do it, they do not feel competent. One of the barriers is the fear of facing their own mortality. So they often came to our workshops with apprehension. In the end, however, they left with a different view, with courage and the conviction that even difficult situations can be overcome. (Martina Tesařová, lecturer of programmes for teachers)



Talking About the End of Life and *I Know How to Take Care, I Am Not Afraid to Help* are workshops attended by nearly 100 primary and secondary school students and their teachers in 2024. The

programme is prepared for one class at a time by Counselling Centre, Respite Services and Education staff with the help of volunteer tutors. Pupils experience how they can be involved in caring for a seriously ill person and how compensatory aids function; they discuss their feelings about the end of life and learn how Cesta domů works. We also worked with 20 high school students in the *Social and Counselling Work in Hospice Care* programme. And we have taken our experience abroad, welcoming social work students from Austria and medical students from the USA.

How old was the oldest person you looked after? And how old is the youngest? Where do you cook for these people? (from questions asked by pupils of primary school)

For the general public

In September we opened a new charity shop in Žitná Street in a house owned by the Olga Havel Foundation - Committee of Good Will. Cesta domů now has three shops in different parts of Prague where customers can find our books and stationery, design items from local manufacturers and selected second-hand goods that we receive as donations. The shops also serve as meeting places to raise awareness of end-of-life care, death and bereavement, and to promote our services. In 2024, the total turnover of stores, e-shops and book distribution reached CZK 10,939,274, an increase of more than 20% compared to the previous year. In the stores, customers meet Cesta domů volunteers, whose team was expanded by 16 newcomers in connection with the opening of the new store, with a total of 4,174 hours of work in the stores.

We offer new pieces every day, which attracts customers who love to discover treasures. They can find quality items at reasonable prices, and they know that their purchase supports a good cause. For many, the environmental dimension is also important - we give things a second life and promote sustainability. (Ondřej Tesař, Head of Stores)

Beware, volunteering in the shop is highly addictive! (volunteer)

The opening of a new shop in a tourist location was accompanied by the introduction of a new range of stationery and a new series of postcards and greetings cards with Prague motifs, designed by Dan Verner, the illustrator of this publication. The wide range of our publishing house in 2024 was enriched by two significant titles. The first is the book *Cheers to Grief* by young Australian podcasters who combined their own experience of losing their mother with hundreds of stories from other grieving women who shared their experiences through the social media community. We presented the book in the autumn at the Atlas cinema in Prague during a discussion of the film *Year of the Widow*, which was part of the awareness campaign to support the grieving #vaspribehnekonci. Discussions were then held in other cinemas, attended by staff from our Counselling, Support and Health services.



The second of the new books, *How to Talk About Death* by Norwegian author and illustrator Anna Fiske, was a great success with readers. Aimed at younger children, the book uses gentle humour to tackle the subject of the end of life and is an example of the Nordic countries' openness to sensitive issues. We updated two of our most widely used booklets, *How to Be Near* and *In Times of Grief*, and added a text on grieving children and teenagers to the bereavement guide. Both booklets are given to clients of our home hospice and are the most common items in the shopping baskets of hospices and other social and health care institutions.

We participated in several professional conferences (Nurses in Palliative Care, Primary Care Conference, 5th Congress of Case Studies in Palliative Care, Palliative Care Conference Zlín, 15th National Conference of Palliative Medicine, etc.), book fairs (Knihex, Svět knihy) and the Bologna International Children's Book Fair, where our participation was financially supported by the Moravian Library. At the ČteFesT festival in Třinec we held a practical workshop on working with children and young people in the area of reading, and at the Summer Knihex we offered a lecture on how to talk to children about death.

Thank you for making Cesta domů a part of our festival and ČteFesT's INSPIROMAT. The participants were very pleased. Even though your subject is difficult, everyone felt how useful it is. (Marika Zadembská, Head of Children and Youth Services, Třinec Library)

We have also participated in several events for librarians in Prague and beyond, presenting our books and giving advice on how to work with them. For most of the children's books, work sheets for teachers and librarians are available on the website. Our specialist library collection has grown to 5,618 titles in a variety of end-of-life related fields. We have significantly expanded our range of comics and picture books about death, dying and bereavement – we now offer several Japanese manga (or Taiwanese manhwa) titles that can help to communicate difficult topics to young readers. There are also specialist books on aromatherapy in the care of the sick and dying, which are only available in our library.

In October, the *Blesk Ordinace* awareness-raising event was held, which provided an opportunity to raise awareness of palliative care among the general public. At our stand in Prague's Charles Square, which we shared with VFN Palliative Medicine Clinic, we were available to visitors throughout the day with our mobile counselling service. As every year, we also took part in the national Live Out My Days at Home campaign, which culminated in the traditional Babouches Day.

A new webinar produced by Cesta domů Counselling service, *Managing Your Digital Legacy*, was well received by the public, showing how to take a responsible approach to managing one's digital data and online legacy in a practical way. The course was offered in an abbreviated form at our Open Day and a discussion on the topic was held at one of the branches of the Municipal Library in Prague. The most important information from the course can be found on the portal Umírání.cz in the section *What to do during care*.

In 2024, we brought listeners five new episodes of Cesta Domů Home podcast, With Cesta Domů or Life and Death Out Loud. Chief Medical Officer Katarína Vlčková reflected on her first year in charge of the home hospice, while Martina Tesařová and Kateřina Kuklíková tackled the sensitive issue of how to talk to children about death and illness, offering practical tips for educators. Eva Adamczyková spoke openly about the loss of loved ones and the grieving process, and physician Jan Richter shared his personal and professional experiences of death, emphasising the importance of dying with dignity. In the final episode, we spoke to Zdeněk Křivánek, Deputy Director of the Prague Emergency Medical Service, about a unique project of the Prague EMS focusing on palliative care in the home environment.



We were delighted with the media interest, with an average of 5 articles a month written or spoken about Cesta domů. The most visited website was the portal [Umírání.cz](#) with over 15,000 visits per week. The [Cestadomů.cz](#) website had 2,800 visits per week, the [eVzpomínky](#) website had almost 900 visits and the [Mojesmrt](#) web application had just under 300 visits per week. At the end of 2024, we had over 18,000 followers on [Facebook](#), the Cesta domů [Instagram](#) profile had over 3,700 followers and over 1,200 people subscribed to our [YouTube](#) videos.

- Ondřej Tesař is in charge of the charity shops, Barbora Janičinová is the coordinator of the shop in Bubenská Street, Petra Manychová in Bělohorská Street and Martina Chalupníková in Žitná Street. Adéla Procházková was the editor-in-chief of Cesta domů in 2024, the librarian of Cesta domů is Marek Chalupa. The Communication and Marketing Department was headed by Lenka Smolíková until April 2024, and since May it has been headed by Jaroslav Šimůnek.

DONORS AND FUNDRAISING



I cannot give people two weeks of life, but I can support them to live those two weeks at home, in love and acceptance. And to give them and their family a chance to say goodbye to each other in a dignified way. May my support help to accompany anyone who comes to the end of their life's journey. (Tereza Mojžíšová, donor)

Cesta domů services are paid for primarily through donations from individuals and companies, as well as grants from governmental and non-governmental organisations. The cost of one day of multi-professional care for a home hospice patient is approximately CZK 5,000, with insurance and family payments covering less than two-thirds of this amount. In addition to hospice care, the funds raised allow us to offer our other services and education. We are grateful for all the support – we try to look after our donors as carefully as we do after our patients, and we enjoy every opportunity to meet them.



We received a full 15 per cent more from corporate donors than last year, namely CZK 8.5 million. The number of corporate fundraising and charity events involving employees has increased. There were over 30 such events, often combined with invitations for Cesta domů experts to speak to staff. Many long-term corporate donors take advantage of the complexity of Cesta domů work and choose a different area to support each year - in 2024, for example, it was bereavement counselling, courses for teachers, buying a new car for health professionals or running a website. It turns out that getting involved with Cesta Domů also makes sense for companies, as many employees, carers or bereaved, can learn about services and resources that can help them. Several companies have helped to maintain the Cesta domů garden on volunteer days. We are also grateful for donations in kind and services, which totalled more than CZK 800,000.

Support from individual donors also increased by more than 10 per cent compared to the previous year. This amounted to CZK 24 million in 2024. We managed to contact donors who have supported us in the past, and we also gained new donors on the recommendation of existing ones. We focused on telefundraising and called 1,163 one-time donors, 232 of whom decided to become regular donors.

The charity art auction raised CZK 5,378,400. A total of 216 bidders purchased 170 works of art. 108 works of art were sold at the auction held in the Congress Hall of the Hilton Prague hotel and 81 works of art were sold at the online auction. Paintings, prints, photographs, objects, jewellery and applied design by 154 artists were auctioned. The auction was curated by Michaela Štěpánová.



A significant source of funding for Cesta domů is subsidies from the state and local government, which amounted around CZK 25 million in 2024. This provides an important part of the resources for hospice and respite services, but also for counselling clients, coordinating volunteers and publishing books. Thanks to the European Social Fund Plus, we support the availability of palliative care, especially through the services of the Outpatient Palliative Care and Support Team.

In May we invited our donors and partners to the Jazz Dock Club to meet with members of our management team, representatives from each of Cesta domů teams and the board of directors. We presented our plans, listened to their suggestions and had a great time.

In September we welcomed 130 donors and supporters of Cesta domů to the house in Michle for an open day. From the morning until late afternoon we gave them a tour of the background to the services and outreach activities, in the afternoon there was a reading from the forthcoming book *Cheers to Grief* and at the end of the day those interested could listen to a talk on digital heritage.

In October, we participated in the celebration of the World Hospice and Palliative Care Day with a charity concert: the performance of the band Zrní attracted two hundred visitors to the La Fabrika centre. The evening also saw the festive presentation of the charity calendar AT HOME 2025, which is regularly produced by photographer Štěpán Hon for the benefit of Cesta domů and the non-profit organisation Arkadie in Teplice. Immediately after its launch, 400 copies of the special edition with the

handwritten signatures of the people photographed were sold out, and by the end of the year Cesta domů had received half of the total proceeds of almost 1.4 million.

- **Helena Štohanzlová is responsible for Fundraising and Donor Care.**

Thank you for your support:

2e plus s.r.o., [A L S, s r.o.](#), Abakus - nadační fond zakladatelů Avastu, [ABC MAGNET s.r.o.](#), ACTUS - pojišťovací makléři, spol. s r.o., [Advis Consulting s.r.o.](#), Agentura STUDENT s.r.o., [AL konstrukce s.r.o.](#), ALENSA, s.r.o., [ALFIX ČR, s.r.o.](#), Alma Career Czechia s.r.o., [Alza.cz a.s.](#), Amazon Logistic Prague s.r.o., [ANECT a.s.](#), Apelby Solutions, s.r.o., [ASSIST spol. s r.o.](#), ASTON - služby v ekologii, s.r.o., [AV DENTAL s.r.o.](#), AV MEDIA EVENTS, a.s., [AWAC, spol. s r.o.](#), BCE s.r.o., [Bikramka.cz s.r.o.](#), BIOFA CZ s.r.o., [Bistro Empras](#), Blackdog Group s.r.o., [bnt attorneys in CEE](#), Boogie Films s.r.o., [BrandCloud s.r.o.](#), CENTRUM DOHODY, s.r.o., [Citfin - Finanční trhy, a.s. a zaměstnanci](#), Citibank Europe plc a zaměstnanci, [CLARINO, s.r.o.](#), CLINUVEL s.r.o., [ComAp a.s.](#), Commexim Group a.s., [COUNTRY LIFE s.r.o.](#), Crown Worldwide Movers a zaměstnanci, [Cushman & Wakefield, s.r.o. a zaměstnanci](#), ČEPS, a.s., [České překlady s.r.o.](#), ČEZ, a. s. a zaměstnanci, [DAIKIN AIRCONDITIONING CENTRAL EUROPE - CZECH REPUBLIC spol. s r.o. a zaměstnanci](#), DAUFI Consulting s.r.o., [DB Finance s.r.o.](#), Dejvické divadlo, o. p. s., [Dekama Trade s.r.o.](#), Delfín travel s.r.o., [DigiBoost s.r.o.](#), Digiteq Automotive s.r.o., [DIGNITA s.r.o.](#), DISA s.r.o., [DMA Praha s.r.o.](#), doblogo s.r.o., [Dobrobazar Čestlice](#), Dos Mundos s.r.o., [Druhý sbor Českobratrské církve evangelické v Praze 3 - Žižkově](#), [ECOMAIL.CZ, s.r.o.](#), [Economia, a.s. a zaměstnanci](#), [vykupujeme-online.cz](#), [Emma's credit s.r.o.](#), Epimex dřevostroje s.r.o., [ESCIMEDA s.r.o.](#), Český národní panel, [European Valuation Institute, z.ú.](#), [EventEx s.r.o.](#), [Evos Praha s.r.o.](#), ExxonMobil Czech Republic, s.r.o., [F.R.P. Holdall a.s.](#), [FABIÁN - BRDY, z.s.](#), [Farma Kozárovce s.r.o.](#), Ferona, a.s., [Flair, a.s.](#), Fondation Up, [Fórum mobilních hospiců, z. s.](#), Geetoo Technology s. r. o., [Gen Digital, Inc. a zaměstnanci](#), [GESTOR - ochranný svaz autorský z.s.](#), [Global Minded mateřská škola a základní škola s.r.o.](#), [Goethe-Institut e.V., pobočka Česká republika](#), [Google LLC](#), [GT Energy s.r.o.](#), [Gymnázium Arabská a studenti](#), [Gymnázium Jana Keplera a studenti](#), [GYNEKOLOG PS Roudnice s.r.o.](#), [HABARTline, s.r.o.](#), [Ovocný Světozor](#), [Hartman Czech spol. s r.o.](#), [HEIM 68, a.s.](#), [Hennecke s.r.o.](#), [Hilton Prague](#), [Benefiční turnaj: Vyber si Vydraž si Zahraj si](#), [Humidirect, s.r.o.](#), [Hypnosis s.r.o.](#), [Icon Clinical Research s.r.o. a zaměstnanci](#), [IDC CEMA s.r.o.](#), [IMMUNIA spol. s.r.o.](#), [Impulse Capital, a.s.](#), [International SOS Assistance \(CZ\) s.r.o.](#), [INVESTKONSULT, spol. s.r.o.](#), [IP Fabric s.r.o.](#), [TICKETPORTAL, IS - ACCOUNTANCY, s.r.o.](#), [Jak na síť s.r.o.](#), [Rehabilitační nemocnice Beroun a zaměstnanci](#), [JHI s.r.o.](#), [HLUK+](#), [JTC Accounting s.r.o.](#), [Kastner & Pieš, advokátní kancelář s.r.o.](#), [Jazz Dock](#), [KLIMA CHLAZENÍ HK s.r.o.](#), [Kolektory Praha, a.s.](#), [KONCEPT EKOTECH s.r.o.](#), [Košík.cz s.r.o.](#), [KPMG Česká republika, s.r.o.](#), [Krajský úřad Středočeského kraje](#), [Krátoska Chemin, spol. s r.o.](#), [Kruták & Partners, advokátní kancelář s.r.o.](#), [LÁBUS AA – Architektonický ateliér, s.r.o.](#), [Mlékárna Kunín, Laděk, z.s.](#), [Legitas advokátní kancelář s.r.o.](#), [Lemon production s.r.o.](#), [Linkline Accounting, s.r.o.](#), [Livebid s.r.o.](#), [Lucky Voice Band](#), [Lukapharm Praha s.r.o.](#), [Magistrát hlavního města Prahy](#), [MARIMEDIC s.r.o.](#), [Forbes](#), [MEGABOOKS CZ, spol. s r.o.](#), [Městská část Praha 1](#), [Městská část Praha 2](#), [Městská část Praha 3](#), [Městská část Praha 4](#), [Městská část Praha 5](#), [Městská část Praha 6](#), [Městská část Praha 7](#), [Městská část Praha 8](#), [Městská část Praha 9](#), [Městská část Praha 10](#), [Městská část Praha 11](#), [Městská část Praha 12](#), [Městská část Praha 13](#), [Městská část Praha 14](#), [Městská část Praha 15](#), [Městská část Praha 18](#), [Městská část Praha 19](#), [Městská část Praha 20](#), [Městská část Praha 21](#), [Městská část Praha 22](#), [Metrostav Development a.s. a zaměstnanci](#), [Midori Investment a.s.](#), [MIKO SYSTEMS, s.r.o.](#), [Ministerstvo kultury ČR](#), [Ministerstvo práce a sociálních věcí ČR](#), [Evropský sociální fond plus - Operační program Zaměstnanost plus](#), [Ministerstvo zdravotnictví ČR](#), [Mixit s.r.o.](#), [MN cleaning s.r.o.](#), [MOJEZUBY s.r.o.](#), [Moravská zemská knihovna](#), [MUDr. Miroslava Maternová s.r.o.](#), [MUSA, s.r.o.](#), [Na Lhotkách s.r.o.](#), [Na nivách účetní kancelář s.r.o.](#), [Nadace ČEZ](#), [Nadace EP Group](#), [Konto Bariéry](#), [Nadace J. V. J. 2017](#),

Nadace MONETA Clementia, Fondy EHP a Norska - program Active Citizens Fund, Nadace rodiny Bouškových, Nadace rodiny Vlčkových, Nadace VIA, Nadační fond Kliniky paliativní medicíny, NADAČNÍ FOND OBĚTEM HOLOCAUSTU, Nadační fond rodiny Malých, Nebion AG An Immunai company Czech Republic, Neit Consulting s.r.o., NEWTON Media, a.s., NN Životní pojišťovna N.V., pobočka pro Českou republiku, Nobilis Tilia s.r.o., NORLA Norwegian Literature Abroad, NWD investiční společnost, a.s., OBLIGO realizace staveb s.r.o., Ordinance chorob plicních s.r.o., ORDINACE PL Nové Butovice s.r.o., Otran Kutná Hora, Pale Fire Capital SE, PASSERINVEST GROUP, a.s., PEAL a.s., Panzani, Pilates živě s.r.o., PPF ART a.s., PRAGOFLORESERVIS, spol. s r.o., Praktický lékař Spořilov s.r.o., Raiffeisen stavební spořitelna a.s., Rámy pasparty s.r.o., Realitní tým Vrzáková & Boháč z RE/MAX G8 Reality a kolegové, REMET, spol. s r.o., RENOCAR, a.s., RTJK, s.r.o., Rudolf advokáti, Samsung Electronics Czech and Slovak, s.r.o., SCT Cell Manufacturing s.r.o. a zaměstnanci, Second Foundation a.s., TOPOBALY, SENTIENT s.r.o. a zaměstnanci, SERVIER s.r.o., Seznam.cz, a.s., Shoptet, a.s., SPYobchod.cz, Siemens, s.r.o., SIKO KOUPELNY a.s., Smart Informatics s.r.o., Smartlook.com, s.r.o., Snížek CZ spol. s r.o., SoftwareOne Czech Republic s.r.o., Sony Europe B.V. a zaměstnanci, SOTIO Biotech a.s. a zaměstnanci, Státní ústav pro kontrolu léčiv a zaměstnanci, Státní zemědělský intervenční fond a zaměstnanci, Stavební spořitelna České spořitelny, a.s., STILL ČR spol. s r.o., STRELICIE s.r.o., Strohmy a.s., Studio Designiq, Svěřenský fond na podporu paliativní péče a osob v nezaviněných těžkých životních situacích, SVIT Gallery s.r.o., Taipei Economic and Cultural Office, Prague, Taste, a.s., The Boston Consulting Group, s.r.o. a zaměstnanci, The Prague Concert Co., s.r.o., TPA Tax s.r.o., TTC Alfa s.r.o., Up Česká republika s.r.o., V4 Account Praha s.r.o., Rohlík, Vetnemocnice a.s., Viatris CZ s.r.o. a zaměstnanci, Výbor dobré vůle - Nadace Olgy Havlové, W.A.G. payment solutions, a.s., Winternitzova vila z.s., YUAR s.r.o.



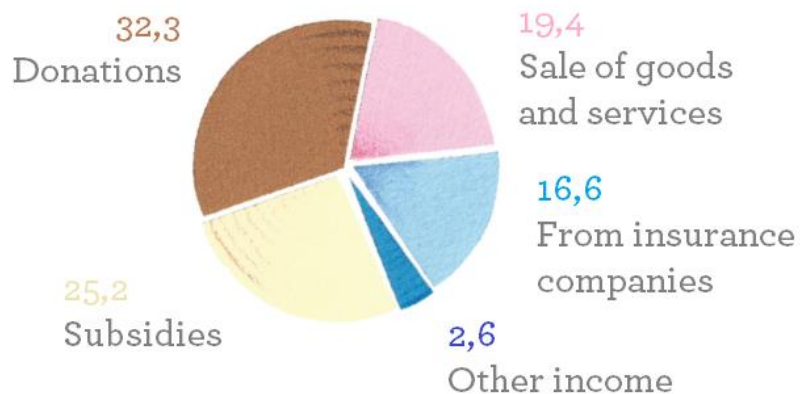
Economy and Finances

Cesta domů budget is funded from multiple sources. Financing comes from a variety of sources, including donations from individual and corporate donors, contributions from endowments and foundations, subsidies from the state budget, payments from health insurance companies, and profits from its own activities and fundraising events.

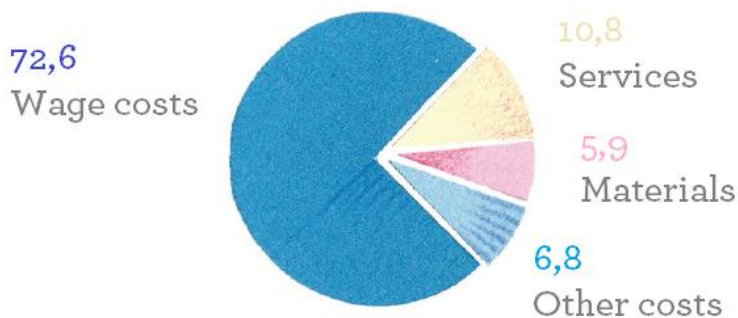
- Until July 2024, Michaela Vodenka headed the Economics and Finance Department, which has been headed by Helena Štohanzlová since November.

Costs and Revenues of Cesta domů in 2024:*

Revenue
milions CZK
(total 96,1 milions CZK*)



Costs
milions CZK
(total 96,1 milions CZK*)



* These figures are not yet subject to an annual independent external audit. Audit reports and activity reports are regularly published on www.cestadomu.cz/dokumenty and are deposited in the Commercial Register.

STAFF

In 2024, Cesta domů experienced significant staff changes, with the Chief Economic Officer, HR Manager, Head of Services and Head of Outreach all leaving their positions in the spring, and Director Ruth Šormová requesting to leave her position at the end of June 2024 after six years of service. The following months saw a reduction in staff, with Petr Goldmann taking over as Director for the period. At the end of the year, the Board appointed a new Director, David Kosák, who took office in January 2025.

At the end of 2024, Cesta domů employed 142 people, 75 full-time equivalents (43 full-time equivalents in primary care, 18 full-time equivalents in outreach, 14 full-time equivalents in donor care and administration).



During the year our professionals continued to receive training; for example, three counsellors and a chaplain attended the Contact with Grief course run by Vigvam Counselling, and two doctors and support team members attended the EPEC Paediatrics course, where they improved their skills and knowledge in paediatric palliative care supported by lecturers from Europe and the USA. In April, a

group of eight Cesta domů leaders went on a week-long placement in Denmark, where they visited six hospice organisations and were inspired to further develop Cesta domů.

The following people worked for Cesta domů in 2024:

Naděžda Adámková, Tereza Anderssonová, Kateřina Barčíková, Hana Baštová, Vendula Bednářová, Tomáš Blažke, Martina Borovková, Kateřina Bransburg, Monika Bursíková, Jiřina Cislerová, Markéta Čábelová, Petra Černá, Zuzana Černá, Jakub Demčo, Pavel Duba, Dagmar Dynybylová, Mahulena Exnerová, Karolina Fialová, Klára Fischerová, Zuzana Francová, Dana Fraňková, Klára Freundová, Agáta Gába, Romana Giovagnoniová, Petr Goldmann, Renata Greplová, Alena Hábltová, Oldřich Hanibal, Barbora Henelová, Markéta Hojná, Adam Hora, Stanislav Horáček, Adam Houska, Adéla Howesová, Zuzana Hrnčířová, Eliška Hronešová, Nikola Hružová, Marek Chalupa, Martina Chalupníková, Zora Jandová, Barbora Janičinová, Jana Janžurová, Lucie Jarůšková, Johana Jelínková, Klára Jindrová, Simona Káčerková, Anežka Kafková, Pavel Kachlík, Eva Kaniová, Eva Karlíčková, Andrea Kašíková, Hana Kašpárková, Eva Kašparová, Pavel Klimeš, Marie Klimešová, Matěj Knopp, Anna Kočovská, Gražina Kokešová Kleinová, Marta Kolská, Mlada Komárková, Pavel Koňarik, Jan Kořenek, Michal Kouba, Renáta Koubová, Zuzana Koutná, Vojtěch Kratochvíl, Anna Kredba Brodská, Darina Kremplová, Marta Krupičková Lígrová, Anna Krutská, Markéta Kučerová, Kateřina Kuklíková, Natálie Kukolová, Hana Kulichová, Lukáš Kutek, Marie Kůtková, Dita Elen Lahournat, Tereza Lepešková, Jiří Ležal, Václava Linhartová, Helena Liscová, Petra Manychová, Hana Marešová, Ladislava Martinková, Zuzana Martínková, Petra Mejsnarová, Kateřina Menčíková, Petra Mihalcová, Anna Michálková, Petr Mikoláš, Anna Mikulová, Kateřina Murlová, Jiří Navrátil, Lenka Nevařilová, vana Nováková, Ludmila Nováková, Markéta Novotná, Elena Novotová, Magdalena Ondrová, Věra Ondřichová, Tereza Pacíková, Miroslav Pajovič, Justyna Pařízková, Ráchel Paslerová, Ivana Pičmanová, Karolína Pochmanová, Ivana Polcarová, Jitka Polišínská, Adéla Procházková, Eva Procházková, Jindřiška Prokopová, Marcela Provazníková, Veronika Příkazká, Lucie Pšeničková, Barbora Rejzková, Petra Rendlová, Kateřina Rieger Konopásková, Lucie Rydvanová, Tereza Řezáčová, Kamila Anna Salák, Anna Skořepová, Lenka Smolíková, František Staněk, Barbora Steinlauf, Olga Stránská, Lukáš Surý, Markéta Sušánková, Marie Svobodová, Václav Sychra, Jana Šídová, Jaroslav Šimůnek, Štěpánka Škampová, Ruth Šormová, Alena Štěpánová, Michaela Štěpánová, Helena Štohanzlová, Pavel Suchman, Jiří Šulc, Michaela Šustová, Jana Švejdová, Kateřina Termerová, Ondřej Tesař, Martina Tesařová, Žofi e Tesařová, Linda Tichotová Fryčová, Magdalena Tomášková, Jan Tošovský, Kateřina Tulachová, Josef Valeš, Andrea Valchářová, Eva Van Wagenen, Kateřina Venclová, Katarína Vlčková, Michaela Vodenka, Michaela Vokrouhlíková, Martina Vondrová, Pavla Vopatová, Eliška Wichová, Debora Zálešáková

Volunteers

132 people of all ages, professions and interests who gave a total of 7,856 hours of their time to Cesta domů in 2024 – these are the volunteers without whom our work would not be what it is.

11 men and 121 women accounted for almost 4 full-time jobs. The majority of this, over 4,000 hours, was spent in three charity shops. Over 1,500 hours were spent providing direct services – to home hospice patients, respite service clients, equipment rental, counselling and administration. In 2024, we opened the 21st cycle of volunteer training, which is a prerequisite for working with patients and clients.

The Cesta domů backgrounds cannot do without the help of volunteers, with a total of 1,529 hours of support in 2024. The biggest use of volunteers' time was fundraising – 1,286 hours. Volunteers also helped at reception and with flower and garden maintenance. 261 hours were devoted to the educational part of the organisation, mainly through teaching seminars and workshops, as well as working in the library and contributing to text work. Volunteers are also an integral part of every Cesta domů event. In 2024, they provided 304 hours of help.



Volunteers really do make the world a better place. It never ceases to amaze me how much they are willing to do for us. (Markéta Novotná)

The following volunteers helped us in 2024:

Lenka Attel, Gabi Babulíková, Olga Banýrová, Vendula Bednářová, Zuzana Benetková, Marie Borová, Irena Buchtová, Jana Bukovská, Jan Cigánik, Michaela Čaňková, Magda Černá, Michaela Černá, Karolína Drábková, Pavla Drvotová, Simona Dvořáková, Klára Fischerová, Bohunka Fleyberková, Lenka Frízlová, Ekaterina Golovko, Dana Hajná, Jitka Hanko, Jan Havlíček, Jana Hillairet, Anna Hojná, Lenka Holubcová, Antonie Hořínková, Jiřina Hovorková, Pavla Hroudová, Libuška Hulánová, Miloslava Chalupová, Gabriela Cholasta, Jana Janžurová, Klára Jindrová, Hana Jiříčková, Jaroslava Karenová, Eliška Kasinová, Alena Kasperová, Tereza Kaucká, Alena Kellerová, Alexandra Kmoch Chrastilová, Andrea Knight, Ivana Kolářová, Šárka Koudelková, Šárka Kotačková, Pavlína Kotyzová, Martina Kubová, Lenka Kučerová, Jarka Kučmášová, Šimona Kukanová, Kateřina Kuklíková, Blažena Kuncová, Marie Kuříková, Hana Kyrálová, David Lamač, Lenka Landová, Kateřina Letošníková, Jana Macháčková, Helena Machová, Eva Majerová, Agáta Mančušková, Hana Marková, Dagmar Markupová,

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- **Markéta Novotná coordinated the volunteers for Cesta domů in 2024, and Tereza Lepešková has been coordinating the volunteers since December.**

Cesta domů Bodies

Statutory body:

Mgr. Ruth Šormová
Director (until June 2024)

Mgr. Petr Goldmann
Director-in-Charge (July to December 2024)

David Kosák, MsC.
Director (from January 2025)

Board of administration in 2024:

Ondřej Krása, Ph.D.
Chairman

Tereza Kaucká
Vice-Chairman

Ing. Jan Žůrek, CSc.
Vice-Chairman

Mgr. Robert Basch
Member

RNDr. Josef Basik
Member

Mgr. Václava Bratinková
Member

Prof. RNDr. Milan Kodíček, CSc.
Member

MUDr. Michal Kouba
Member

Mgr. Ing. Markéta Pravdová
Member

Founders:

MUDr. Ondřej Sláma, Ph.D.
Oncologist, palliative care provider

Ak. mal. Martina Špinková
Painter

Alžběta Marková, MAS
Nurse

Headquarters and contact

Cesta domů, z. ú.

info@cestadomu.cz | www.cestadomu.cz | Phone 266 712 610

ID: 265 28 843 | Tax ID: CZ 265 28 843

Headquarters address

Office, medical facilities, counselling, respite services, equipment rental, education centre, library
Heleny Kočvarové 1583/1, 140 00 Prague 4

Charity shops

Žitná 608/27, 110 00 Prague 1

Bělohorská 1682/74, 169 00 Prague 6

Bubenská 421/3, 170 00 Prague 7

Bank details

Account number: 2800193970/2010, Fio banka, a. s., V Celnici 1028/10, Prague 1

The variable symbol for one-off donations is 357. Thank you very much.

Websites

Cestadomu.cz – Information on Cesta domů and our services

Umirani.cz – information, discussion and advice portal

Mojesmrt.cz – online app to help formulate end-of-life preferences

eVzpomínky.cz – virtual memorial site

Social networks

facebook.com/cestadomu | instagram.com/cesta_domu

youtube.com/c/Cestadomu1 | linkedin.com/company/cesta-domu-z-u

soundcloud.com/cestadomu

About the illustrator:

Dan Verner (*1992) is an artist and high school teacher born and based in Prague: "I work mainly with markers, gouache, crayons and other pre-pottery materials, because I don't really understand computers and other new things. I like to draw almost anything from people to vehicles to architecture, ideally set in a time fifty or more years ago. I created two illustrations for Cesta domů in 2024 for postcards and scrapbooks and was happy to incorporate the images into this publication.
danverner.net

REPORT FOR 2024

This information and promotional material is not an official annual report. The annual report, including the audited financial statements, will be available on, and can be downloaded from, our website; it is filed in the Collection of Deeds.

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